

## Healthy, Interesting and Affordable Lunch Packs, Delivered to School AVAILABLE MONDAY, WEDNESDAY, THURSDAY & FRIDAY!

## Order from our entire Menu until 8:30am on the day!

2 Course Lunch Pack from \$6.45

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack.

Main Course Menu	2 Course	3 Course
BAKERY All items freshly baked this morning!	Lunch	Lunch
Cheese and Vegemite Scroll (v)	\$6.45	\$8.95
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95
Topped with Only Cheese Roll (v)	\$6.45	\$8.95
Cheese and Bacon Roll	\$7.45	\$9.95
Scroll with Ham and Cheese	\$9.95	\$12.85
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65
PIZZA & GOZLEME Served at Room Temp		
Ricotta & Spinach Pastizzi (2) (v)	\$7.45	\$9.95
Samosa Pastizzi (2) (vg)	\$7.45	\$9.95
Margherita Pita Pizza (v)	\$8.95	\$11.45
Ham & Pinea pple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (н)	\$10.95	\$13.65
Vegetarian Pizza (v)	\$10.95	\$13.65
Lamb and Beef Gozleme (H)	\$13.45	\$15.45
Mushroom and Spinach Gozleme (vg)	\$13.45	\$15.45
Spinach and Cheese Gozleme (v)	\$13.45	\$15.45
SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided		
Teriyaki Chicken Hand Rolls (н)	\$11.50	\$13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75
RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)		
Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45
SANDWICHES / ROLLS / WRAPS		
Strawberry Jam Sandwich (1.5) (vg)	\$7.45	\$9.95
Vegemite Sandwich (2) (vg)	\$8.95	\$11.45
Plain Cheese Sandwich (2) (v)	\$9.95	\$12.85
Simple Salad Roll (vg)	\$9.95	\$12.85
Cheese and Salad Roll (v)	\$10.95	\$13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Roast Chicken and Salad Roll(H)	\$11.50	\$13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75
Mild Salami and Salad Roll	\$11.50	\$13.75
Wrap w/Chicken, Tzatziki, Lettuce, Tomato Cucumber(H)	\$12.75	\$14.95
SALADS / PICNIC BOXES / FRUIT & VEG		
Steamed Corn Wheels, Broccoli & Carrot (GF, Vg)	\$9.95	\$12.85
Fresh Fruit Salad - Main Course Size (GF, Vg)	\$11.50	\$13.75
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75
Ham Picnic Box (GF)	\$11.50	\$13.75
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95
Tortellini Pasta Salad (v)	\$12.75	\$14.95
Mexican Inspired Salad (GF, Vg)	\$12.75	\$14.95
GF SANDWICHES & WRAPS		
GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65
GF Wrap - Ham and Salad	\$10.75	\$14.95

		•
Snack/Drink Menu		
FRESH FRUIT & VEGET	ABLES	
Apple pieces, Lemon juice, C	innamon & Brown Sugar	+\$1.00
Cantaloupe and Honeydew I	Pieces	+\$1.00
Fresh Fruit Combo		+\$1.00
Freshly Chopped Orange Seg	gments	Included
Freshly Chopped Strawberri	es with Grapes	Included
Freshly Chopped Watermelo	on Pieces	Included
Whole Fruit - Apple		Included
Whole Fruit - Banana		Included
Carrot, Cucumber, Red & Ye	llow Capsicum	Included
Celery and Carrot Sticks with	n Sultanas	Included
Cherry Tomatoes, Tasty Che	ese & Rice Crackers	Included
Corn Wheels & Lightly Stean	ned Broccoli	Included
Edamame (Lightly Salted)		Included
Sugar Snap Peas, Beans and	Cherry Tomatoes	+\$1.00
BAKERY - SWEET		
Choc Chip Cookie		Included
Finger Bun with Sprinkles		Included
Fruit Bun		Included
Cinnamon Doughnut		Included
Cornflake Cookie		Included
Choc Cup Cake (GF/DF)		+\$1.00
Blueberry Muffin		+\$1.00
Jam Drop Biscuit (GF)		+\$1.00
Banana Slice (GF)		+\$1.00
SUSHI		
1pc Tuna Sushi (GF)		+\$1.00
POPCORN		
Slightly Sweet, Lightly Salted	l	Included
Lightly Salted		Included
DRIED FRUIT / LEGUM		
Lime & Black Pepper Chickpe	eas	Included
Roasted Chickpeas		Included
Balsamic & Sea Salt Fava Bea		Included
Dried Fruit Medley with Yog	hurt Sultanas	+\$1.00
DIPS WITH MINI RICE (	CAKES	
Tzatziki Dip with Mini Rice C		+\$1.00
Spring Onion Dip with Mini F		+\$1.00
Spicy Capsicum Dip with Mir		+\$1.00
Avocado Dip with Mini Rice		+\$1.00
·		·
YOGHURTS / BOWLS		
Strawberry Yoghurt (Dairy Fa	armers)	+\$1.00
Classic Vanilla Yoghurt (Dair	y Farmers)	+\$1.00
Chia Bowl with Banana, Coc	onut & Strawberries	+\$1.00
Stewed Rhubarb and Apple	with Custard	+\$1.00
	ENV/A	24 m
DRINKS Apple Juice (Nippy's)	Included	30
Apple Juice (Nippy's)	Included	N4844
Orange Juice (Nippy's)	Included	ALC: NO.
Chocolate Milk (Nippy's)	Included	
Strawberry Milk (Nippy's) Full Cream Milk	Included	
i uli Cicaili IVIIIK	Included	457

**ORDER NOW** 

GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan