

CLASSROOM CUISINE MENU – TERM 3, 2018

A Two Course Lunch is \$8.95 and a Three Course Lunch is \$10.35

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (GF)
Brown Rice & Mixed Bean Salad (GF)
Thai Style Noodle Salad (GF)
Quinoa, Tabouli & Tuna Salad (GF)
Pasta Salad (GF)

Pic(k)nic Box – Vegetarian (GF)
Pic(k)nic Box with Ham (GF)

SUSHI

Sushi - Teriyaki Chicken Hand Rolls (2) Sushi - Cooked Tuna Hand Rolls (2) Sushi - Avocado Hand Rolls (2) Sushi - Cucumber Hand Rolls (2)

Sushi – Vegetarian Hand Rolls (2) BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll
Supreme Pizza Roll
Topped with Only Cheese Roll

PITA PIZZAS

Margherita Pita Pizza Ham and Pineapple Pita Pizza Fresh Tomato and Italian Herb Pita Pizza Spinach & Feta Pita Pizza

SANDWICHES, ROLLS & WRAPS

Ham, Cheese and Tomato Sandwich
Turkey, Cranberry, Lettuce and Cheese Sandwich
Ham and Cheese Roll
Gluten Free Ham & Cheese Sandwich (GF)
Simple Salad Roll
Gluten Free Ham & Cucumber Sandwich (GF)
Vegemite Sandwich

Beetroot and Salad Roll
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Wholegrain Cheese and Tomato Sandwich
WRAP (GF) Ham and Salad
Chicken and Salad Roll

Mild Salami and Salad Roll

Wholegrain ROLL Tuna and Salad Salad with Ham (No Cheese) ROLL

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Fresh Fruit Combo
Freshly chopped Orange Segments
Freshly chopped Strawberries with Apple pieces
Apple with Lemon Juice, Brown Sugar & Cinnamon
Freshly chopped Cantaloupe & Watermelon
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Lightly Steamed Corn Wheels & Broccoli pieces
Sugar Snap Peas, Beans & Cherry Tomatoes
Cherry Tomatoes with Tasty Cheese & Rice Crackers
Whole Banana with Chocolate Dipping Sauce

BAKED GOODS

Choc Chip Cookie
Fruit Bun
Hedgehog Slice
Finger Bun with Sprinkles
Banana Cup Cake (GF, DF)
Iced Cup Cake
Choc Cup Cake (GF,DF)
Blueberry Muffin
Apple & Cinnamon Cake

YOGHURT (100gm Serve)

Chobani Yoghurt - Raspberry Chobani Yoghurt - Blueberry Chobani Yoghurt - Mango Chobani Yoghurt - Plain

DIPS & CRACKERS

Tzatziki dip with Rice Crackers Avocado dip with Rice Crackers Spring Onion dip with Rice Crackers

POPCORN/SNACKS

Cobs Popcorn, Lightly Salted
Cobs Popcorn Slightly Sweet, Lightly Salted
Lightly salted Fav'va Beans
Cranberry Freedom Foods Bar (GF)

DRINKS

Apple Juice Orange Juice Nippy's Chocolate Milk

For more information check out our website

www.classroomcuisine.com.au