

MENU – TERM TWO, 2022

CHECK OUR WEBSITE FOR DAYS AVAILABLE AT YOUR SCHOOL!

Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)
Pic(k)nic Box with a Whole Egg
Falafel with Tabouli Salad (V,G/DF, H)
Mexican Inspired Salad (V, GF)
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

Teriyaki Chicken Hand Rolls (2)
Cooked Tuna Hand Rolls (2)
Avocado Hand Rolls (2)
Cucumber Hand Rolls (2)
Vegetarian Hand Rolls (2)
Tofu Hand Rolls (2)

BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll (w/m)
SCROLL with Ham & Cheese
Semi Dried Tomato and Olive ROLL
Topped with Only Cheese Roll

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza Ham and Pineapple Pizza Spinach and Feta Pizza

SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich
Gluten Free Ham & Cheese Sandwich (GF)
Simple Salad Roll (V)
Cucumber & Ham Sandwich (GF)
Vegemite Sandwich (2)
Mild Salami and Salad Roll
Plain Cheese Sandwich (2)
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Wholegrain ROLL with Cheese and Tomato
WRAP (GF, DF) Ham and Salad
Wholegrain Ham and Cheese Sandwich
Chicken and Salad Roll
Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Fresh Fruit Combo
Freshly chopped Strawberries & Grapes
Lightly Steamed Corn wheels & Broccoli pieces
Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
Chia Bowl with Banana, Coconut & Strawberries
Sugar Snap Peas, Beans & Cherry Tomatoes
Cantaloupe & Honeydew pieces
Edamame (Lightly Salted)
Cherry Tomatoes with Tasty Cheese & Rice Crackers
Freshly chopped Orange Segments
Whole Fruit – Banana OR Mandarin

YOGHURT

Strawberry Chobani Yoghurt Blueberry Chobani Yoghurt Passionfruit Chobani Yoghurt Plain Chobani Yoghurt Watermelon Chobani Yoghurt

BAKED GOODS

Choc Chip Cookie
Cornflake Cookie
Finger Bun with Sprinkles
Hedgehog Slice
Choc Cup Cake (GF,DF)
Blueberry Muffin
Fruit Bun
Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog Popcorn - Lightly Salted Popcorn - Slightly Sweet, Lightly Salted Lightly salted Fav'va Beans Chickpeas with Lime & Black Pepper Balsamic & Sea Salt Fav'va Beans

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au